



1K KID'S FUN RUN

PRESENTED BY:

PRODUCED BY:



Transforming Lives™



Run Ottawa

TD Place

Lansdowne Park

Queen Elizabeth Drive

Bank St.

Start Time: 10:30 a.m.
Route: Loop to Bank St. Bridge and back.

 **Start Line**
 **Finish Line**



2K FURRY FUN RUN

Presented by:



Transforming Lives™

In partnership with:



Run Ottawa



Start Time: 10 a.m.

Route: On Queen Elizabeth, take north lane at split. Turnaround at Torrington to finish.

 **Start Line**

 **Finish Line**



3K

ULTIMATE DOG WALK

Presented by:



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Run Ottawa

petsecureTM
CANADA'S PET INSURANCE



Start Time: 11 a.m.

**Route: On Queen Elizabeth,
take north lane at split.
Turnaround at Bronson
Bridge to finish.**

 **Start Line**

 **Finish Line**



5K RUN

Presented by:



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Run Ottawa



Start Time: 9 a.m.
Route: On Queen Elizabeth, take north lane at split. Turnaround just before Preston to finish.

- Start Line
- Finish Line





10K RUN

Presented by:



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In partnership with:



Run Ottawa



KISS
105.3

101.1
COUNTRY

CHEZ
106

Start Time: 9 a.m.

**Route: On Queen Elizabeth, take north lane at split.
Turnaround just before Preston. Enter Lansdowne and
complete a quick loop to return to QED. Repeat first loop to finish.**

Start Line — **Finish Line** —