



St Vincent
de Paul Society

England and Wales

Turning Concern into Action

SEE-THINK-DO SESSION





SEE-THINK-DO CONFIRMATION

LEADERS NOTES

Session Outline:

In this session young people will have a taster of how Youth SVP groups run. Some may wish post confirmation to form or join a group in the local parish or school.

Session Objective:

- To understand that Faith is active and that discipleship is a call to create positive action in our world.
- To come up with an action that the group can do together.

What you will need:

- Leaders notes for the session
- Prayer cards
- Visual of Quote from Louise to add to a PowerPoint presentation
- To divide the young people into small groups of between 4 & 6
- Paper and pens for each group

Leader:

(Share the quote from Louise de Marillac on the PowerPoint - 'Hunt down poverty in order to give humanity its dignity')

St Louise de Marillac is one of the founders of the SVP. She was responsible for helping to set up the daughters of charity a group of Vincentian nuns. She said this quote...

In your small groups you have just 2 minutes to write down what you think the words **POVERTY** and **DIGNITY** mean.

The dictionary definitions are:

Poverty a lack of enough financial resources such that individuals, households, and entire communities don't have the means to manage or have the basic necessities for a good life

Dignity the state of being deserving, celebrated, or valued.

(Give 2 minutes for them to write as much as they can - then spend some time listening to some of their answers and exploring their thoughts- finish by sharing the dictionary definitions.)

In a different colour pen your groups now have just 3 minutes to think about different forms of poverty we might see in our local community





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Part 1: SEE

The first thing SVP members do is look to see what the poverty and need is in the area local to them. They think about what is concerning them.

So that's what we are going to ask you to do. You now have 5 minutes to think about the area we live in. Think about where are their people who might need support and extra care? Where is the loneliness? Where are the local projects helping people already? Where are the problem areas? What is within a mile of where we are now?

(Give 5 minutes for the groups to put together a list of situations, groups of people etc - have a wander round and offer support and some ideas if they need it).



Part 2: THINK

The second thing SVP members do is to think about how Jesus inspires us to take action and help people. Then they think about the gifts and resources they have and come up with a plan to make a positive change in their local community. They appoint someone they call a president- this person is the leader and helps keep the group on task.

So that's the second part of your challenge. Firstly appoint a president or project manager for your small group. You now have 20 minutes to put together an idea for an action that you believe the Confirmation group could do to support a group in the local community. In 20 minutes each group will present their idea to the adult leaders who will be picking one action for the whole group to undertake.

We will give you a **sheet** to help guide you but its over to you.

- Remember to keep it within the realms of possibility,
- Give it a personal touch
- Make it significant for a person or group in the community.



After 20 mins allow each group 3min to present their ideas. It would be great if one idea could then been taken forward either during the programme or post confirmation and made reality with the support of the adults but driven by the young people.