



Leaders Notes

For 180 years the SVP in England and Wales has supported people in need and now is no different. Our Vincentian values insist that we must seek and find those in need and help them in a spirit of dignity and humility, as well as speak out against injustice where we can. All around the country our support centres and Conferences (young and old) work daily to turn concern in their local community into positive change.

During Lent one of the vehicles we are given to help us pray are the stations of the cross. The stations offer points of prayer and reflection along the way on the journey of Jesus from his sentencing with Pilate til his death and resurrection. This is a moment to stop, pray and act.

Below is the format and outline for how to run this brief reflection and discussion 10 minute session with your group.

- Start by reading the above statement in bold to the group and explain over the next few weeks during Lent we are going to journey these stations together.
- At the end of each station there is a call and response that happens as part of the traditional prayer.

The call is

'We adore You O Christ, and we praise You'

The response which the group can say out loud together if you like (and words will appear on the screen is **'because by Your holy cross You have redeemed the world'**

- Play the Video for Week 1 ([Click Here](#))
- This week is all about authority and highlighting members of our local community who could help and use their voice to make different forms of poverty a priority.
- At the end of the video pause on the questions and invite the group to share some ideas in the big group or in small groups with feedback.

Questions for reflection

- Who are some people you think have authority in your community, based on their knowledge? Who are some people who have authority, due to their commanding manner or confidence? Who has the power to influence you?
- For just a few moments, with those around you, write a list of 5 people in our local community, who we could ask to help us make poverty a priority this Lent? Could the local supermarket manager help us or MP/Councillor? Could we reach out to local footballer or an online influencer?

Make a note of their ideas in the box below, share with the RE lead/ chaplaincy lead and then keep this sheet safe as it will be needed for the final week.