



Kindness Cube

Leader's guide

Aim of the session:

Encourage children to explore different ways to perform acts of kindness in their daily lives.

Materials Needed:

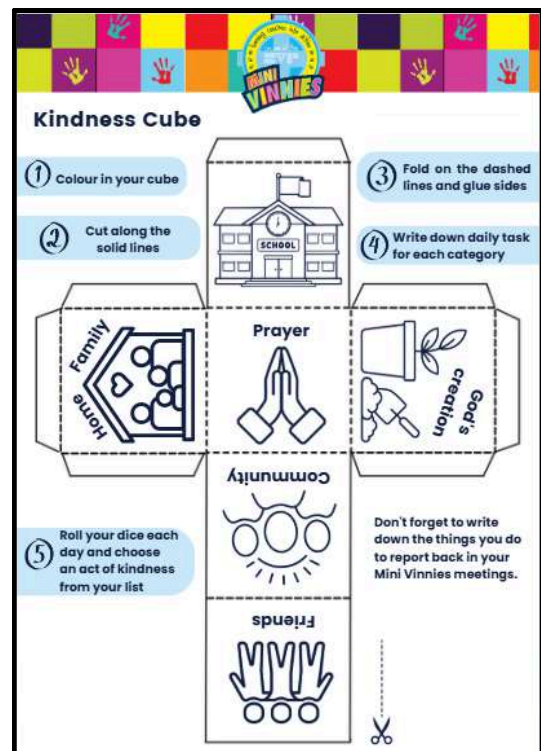
Kindness cube + activities worksheets (1 per child)
Coloured pens/pencils
Glue

Instructions:

1: Kindness cube

- Explain to the children that the outline on their worksheet makes a dice they can use to choose an act of kindness for that day.
- The worksheet has 5 step instructions:
 1. Colour in your cube
 2. Cut along the solid lines
 3. Fold on the dashed lines and glue sides
 4. Write down daily tasks for each category (using the "Kindness cube activities" worksheet)

Roll your dice each day and choose an act of kindness from your list.



To conclude: Tell the children: "Don't forget to write down the things you do to report back in your Mini Vinnies meetings."



St Vincent
de Paul Society

England and Wales

Turning Concern into Action

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Kindness Cube

1 Colour in your cube

2 Cut along the solid lines

3 Fold on the dashed lines and glue sides

4 Write down daily task for each category



5 Roll your dice each day and choose an act of kindness from your list

Don't forget to write down the things you do to report back in your Mini Vinnies meetings.



Kindness Cube Activities

Name: _____

Class: _____



Write down 3 kind things you can do at school and in the classroom.



Write down 3 kind things you can do at home and for your family.

God's creation



Write down 3 kind things you can do to take care of God's earth.

Community



Write down 3 kind things you can do to help in your community.

Friends



Write down 3 kind things you can do to for your friends.

Prayer



Write down 3 things/people you would like to pray for.



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