



Holy Saturday

Luke 24:1-12

But on the first day of the week, at early dawn, they went to the tomb, taking the spices they had prepared. And they found the stone rolled away from the tomb, but when they went in they did not find the body of the Lord Jesus.

While they were perplexed about this, behold, two men stood by them in dazzling apparel. And as they were frightened and bowed their faces to the ground, the men said to them, "Why do you seek the living among the dead? He is not here, but has risen. Remember how he told you, while he was still in Galilee, that the Son of Man must be delivered into the hands of sinful men and be crucified and on the third day rise." And they remembered his words, and returning from the tomb they told all these things to the eleven and to all the rest. Now it was Mary Magdalene and Joanna and Mary the mother of James and the other women with them who told these things to the apostles, but these words seemed to them an idle tale, and they did not believe them. But Peter rose and ran to the tomb; stooping and looking in, he saw the linen cloths by themselves; and he went home marveling at what had happened.

Some things to think about...

Holy Saturday is the day between Jesus' death and resurrection. What do you think the disciples were thinking and feeling on this day? We can take this time to reflect on Jesus' love for us, and how we can follow His example as Mini Vinnies.

Activity

You will need:

String or elastic thread

Beads of various colours

Activity

Take a piece of string and some beads each. Create a bracelet and think about the colours of the beads:

- Dark beads can represent the sadness of Good Friday.
- Bright or clear beads can represent the hope and joy of Easter.

For each bright bead, think about something you are excited for or thankful for. Once you have finished, tie the bracelet around your wrist as a reminder of the waiting and hope that is part of Holy Saturday.

Teacher's Notes

Holy Saturday is the day between Good Friday, when Jesus died, and Easter Sunday, when He rose from the dead. It's a quiet day of waiting and reflection. The Easter Vigil is the special Mass that happens on Holy Saturday night to celebrate Jesus' resurrection. It starts in darkness, symbolizing the time when Jesus was in the tomb, and then the church is lit with candles, representing the light of Christ. The Vigil includes Bible readings, prayers, and the singing of "Alleluia" to celebrate that Jesus is alive. It's a joyful and hopeful celebration of new life in Jesus.

Notes:
