

# Journey with the Cross

## Mini Vinnies' Stations of the Cross

Stations 4-6: Encounter



This Lent, help us Make Poverty a Priority.

#### Fourth Station: Jesus meets his mother

Leader: We adore You, O Christ, and we bless You.

All: Because by Your holy cross, You have redeemed the world.

Mary loved Jesus very much, so it must have been extremely difficult for her to see her son in so much pain. Jesus knew that his mother was sad to see him suffering, but he was happy that she was with him in that moment. Although she couldn't change the situation, being there by his side would have meant so much to him.

Sometimes when someone's friend or loved one is sick or has died, we don't always know what to say.



Lord, help us to do as your mother Mary did that day, to just be there with that person to show that we care.



Can you think of one way to comfort a friend or relative who has lost someone close to them? Write is down in the box below.

## 66

I ask our Lord to be your light and strength in all the events of this life. - St Vincent de Paul

### Fifth Station: Simon helps Jesus carry his Cross

Leader: We adore You, O Christ, and we bless You.

All: Because by Your holy cross, You have redeemed the world.

Simon was coming into the city from the countryside when he was forced by soldiers to help Jesus carry his cross. He had no choice, but his actions helped Jesus in that moment. By then, Jesus was very tired and in so much pain he would have been grateful for Simon's help.



Lord Jesus, open our hearts to notice when others need our help even when we don't feel like helping. You teach us that we all need help at times. We thank those who reach out to help us when we need support.



Why is it important for us to look out for other people who might need our help?



#### Ephesians 4:16 (ICB)

"The whole body depends on Christ. And all the parts of the body are joined and held together. Each part of the body does its own work. And this makes the whole body grow and be strong with love."

### Sixth Station: Veronica wipes the face of Jesus

Leader: We adore You, O Christ, and we bless You.

All: Because by Your holy cross, You have redeemed the world.

Veronica stepped forward to wipe the blood, sweat and dust from Jesus' face. She risked getting into trouble with the soldiers, but without fear, she still stepped forward to show compassion when Jesus needed it most.



Lord, we might not always be able to get involved and help, but whatever we can do will be done in love. Help us to remember that we are not only doing it for the other person, but for you too.



Can you think of some examples when we might feel afraid to step in and help other people? Offer this up to Jesus as a prayer to help us know what is the best thing to do.



#### Proverbs 3:5-6 (ICB)

"Trust the Lord with all your heart. Don't depend on your own understanding. Remember the Lord in everything you do. And he will give you success."



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