



2nd Sunday of Lent – The Transfiguration

Luke 9: 28–36

Now about eight days after these sayings he took with him Peter and John and James and went up on the mountain to pray. And as he was praying, the appearance of his face was altered, and his clothing became dazzling white. And behold, two men were talking with him, Moses and Elijah, who appeared in glory and spoke of his departure, which he was about to accomplish at Jerusalem. Now Peter and those who were with him were heavy with sleep, but when they became fully awake they saw his glory and the two men who stood with him. And as the men were parting from him, Peter said to Jesus, "Master, it is good that we are here. Let us make three tents, one for you and one for Moses and one for Elijah" – not knowing what he said. As he was saying these things, cloud came and overshadowed them, and they were afraid as they entered the cloud. And a voice came out of the cloud, saying "This is my Son, my Chosen One; listen to him!" And when the voice had spoken, Jesus was found alone. And they kept silent and told no one in those days anything of what they had seen.

Some things to think about...

Why do you think Peter wanted to make three shelters on top of the mountain? God tells Peter, John and James to listen to Jesus. How do you listen to Jesus in your life?

Activity

Complete the "Listening to Jesus at the Transfiguration" activity on the next page with your Mini Vinnie group. If you have time, you can also complete the [Transfiguration activity on the Mini Vinnies website.](#)

Teacher's Notes

Jesus leads Peter, James and John to pray at the top of a mountain. Once at the top Jesus becomes transfigured and Elijah and Moses suddenly appear and talk with Jesus. Transfiguration means a change or metamorphosis that glorifies and exalts. A cloud overshadows them and proclaims "This is my Son, my Chosen One; listen to him!".

The Transfiguration is a key moment in the Gospels. It gives us a glimpse of who Jesus is and echoes the words from the Father at Jesus' baptism, 'This is my Son the beloved.' This is a special moment for the closest of Jesus' disciples, Peter, James and John, who often share particular moments with him. The passage is full of symbolism that points to who Jesus is, the Son of God, the long-awaited Messiah. It was believed that when Elijah and Moses appeared that this would be the beginning of the Messianic Age. Peter wants to build tents and to hold onto this moment but he has misunderstood as Jesus is a Messiah who has to suffer and die. The Transfiguration is a glimpse of what is to come but they cannot stay on the mountain; Jesus has a mission from the Father to fulfil.

In the Gospel Jesus is in some way transformed. The disciples get a glimpse of the radiance of God's love as Jesus' face is altered or changed. The Gospel writer Luke is trying to say he believes that Jesus is the Son of God and at this moment God's glory can be seen. This reading also tells us that God wants us to listen to Jesus.

Activity: "Listening to Jesus at the Transfiguration"



Gather and Settle (1-2 minutes):

Invite the children to sit in a circle or quietly at their desks. Encourage them to close their eyes and take a few deep breaths to help them calm their minds and focus.

Leader's introduction (2 minutes):

Having read the gospel on the Transfiguration, briefly summarise its meaning. You can say something like: "In the Transfiguration, Jesus took three of His disciples, Peter, James, and John, up a mountain. There, He changed and His face and clothes shone brightly, showing His divine glory. God spoke from a cloud saying, 'This is my Son, my Chosen One; listen to him!' This shows us that Jesus is not just a teacher but God's Son, and we should always listen to Him."

Reflection: Ask the children, "Why do you think God wants us to listen to Jesus? What might Jesus be saying to us today?"

Prayer and Meditation Time (5 minutes):

Lead the children into a quiet prayer and meditation time, guiding them to listen for Jesus' voice in their hearts. You can use these prompts:

- "Jesus, I want to hear Your voice, just like the disciples did on the mountain."
- "Help me listen carefully to Your words in the Bible and in my heart."
- "Show me how to follow You every day."

After giving them a minute to pray silently, close with a prayer:

"Dear Jesus, thank You for revealing Your glory on the mountain and for telling us to listen to You. Help us hear Your voice in our hearts and follow You always. Amen."

Closing (1 minute):

Encourage the children to think about how they can listen to Jesus in their everyday lives—whether it's through reading the Bible, praying, or showing kindness to others. Remind them that Jesus speaks to them in different ways and that they can always come to Him. We may not hear His voice in the same way that the disciples did, but through other people's words and actions, and in the world around us.